| Contents | Adult heights |
| :--- | :--- |
| $\underline{\text { Metadata }}$ | Information about this file |
| $\underline{\text { Gorld }}$ | Average adult height of people, men and women combined, world, born 1896-1996, (cm) |
| $\underline{\text { UK }}$ | Average adult height gap between men and women, world, born 1896-1996, (cm) |
| $\underline{\text { USA }}$ | Average adult height of people, men and women combined, UK, born 1896-1996, (cm) |
| $\underline{\text { Netherlands }}$ | Average adult height of people, men and women combined, USA, born 1896-1996, (cm) |
| $\underline{\text { China }}$ | Average adult height of people, men and women combined, Netherlands, born 1896-1996, (cm) |
| $\underline{\text { Cuba }}$ | Average adult height of people, men and women combined, China, bom 1896-1996, (cm) |

## Metadata

These reference tables contain statistics of the average adult height worldwide and in several countries for those born between 1898 and 1996. The graph besides each table shows the average height for babies born in that year when they reach adulthood, and the absolute change over time. The x-axis is the absolute change while the $y$-axis is the average adult height. Each circle represents a certain year.

It should be noted that the UK and USA shared a very similar pattern, but China shows a very different pattern.

Contents
Average adult height of people, men and women combined, world, borm 1896-1996, (cm)




Contents
Average adult height gap between men and women, world, bor 1896-1996, (cm)
Source: Oiginal data published by http://www.ncdisc.org/data-downloads-height.html, NCD Risk Factor Collaboration; the source in tum for them was: hthp:l/elfifesciences.orgg/content5/5/e 13410, A century of trends in adult human height, which is a research article published 26 July 2016 . Accessed June 2 201
Frequency: Yeary, End of peiod

| Observation date | Absolute change (cm) | Height gap (cm) | Label |
| :---: | :---: | :---: | :---: |
| 1896 | -0.027 | 11.34 | 1896 |
| 1897 | ${ }^{-0.027}$ | 11.31 |  |
| 1898 | -0.027 | 11.28 |  |
| 1899 | ${ }^{-0.026}$ | 11.26 |  |
| 1900 | ${ }^{-0.026}$ | 11.23 |  |
| 1901 | ${ }^{-0.025}$ | 11.20 |  |
| 1902 | -0.024 | 11.18 |  |
| 1903 | -0.023 | 11.15 |  |
| 1904 | -0.022 | 11.13 |  |
| 1905 | $-0.020$ | 11.11 |  |
| 1906 | -0.019 | 11.09 |  |
| 1907 1908 | $\stackrel{-0.017}{-0.016}$ | 11.07 1106 |  |
| 1909 | -0.014 | 11.04 |  |
| 1910 | -0.013 | 11.03 |  |
| 1911 | -0.011 | 11.02 |  |
| 1912 | -0.010 | 11.01 |  |
| 1913 | -0.009 | 11.00 |  |
| 1914 1915 | $\begin{array}{r}-0.008 \\ -0.008 \\ \hline 0\end{array}$ | 10.99 10.98 |  |
| 1916 | ${ }^{-0.008}$ | 10.97 | 1916 |
| 1917 | ${ }^{-0.008}$ | 10.96 |  |
| 1918 | -0.008 | 10.96 |  |
| 1919 | -0.009 | ${ }^{10.95}$ |  |
| 1920 1921 | -0.0010 | 10.94 10.93 |  |
| 1922 | -0.012 | 10.92 |  |
| 1923 | -0.012 | 10.90 |  |
| 1924 | -0.013 | ${ }^{10.89}$ | 1924 |
| 1925 1926 | ${ }^{-0.012}$ | 10.88 10.87 |  |
| 1927 | ${ }^{-0.009}$ | 10.86 |  |
| 1928 | -0.007 | ${ }^{10.85}$ |  |
| 1929 1930 | -0.005 | 10.84 |  |
| 1931 | ${ }_{-0.002}$ | 10.84 |  |
| 1932 | -0.001 | ${ }^{10.83}$ |  |
| 1933 | -0.001 | ${ }^{10.83}$ |  |
| 1934 | -0.001 | ${ }^{10.83}$ |  |
| 1935 1936 | ${ }_{-0.001}^{-0.001}$ | 10.83 10.83 |  |
| 1937 | ${ }^{-0.001}$ | 10.83 |  |
| 1938 | -0.001 | ${ }^{10.83}$ | 1938 |
| 1939 | 0.001 | ${ }^{10.83}$ |  |
| 1940 1941 | ${ }_{0}^{0.003}$ | 10.83 10.84 |  |
| 1942 | 0.011 | 10.84 |  |
| 1943 | 0.015 | ${ }^{10.86}$ |  |
| 1944 1945 | 0.018 0.021 | 10.87 10.89 |  |
| 1946 | 0.024 | 10.92 |  |
| 1947 | 0.026 | 10.94 |  |
| 1948 | ${ }^{0.028}$ | 10.97 |  |
| 1949 | 0.028 | 11.00 | 1949 |
| 1950 | 0.028 | 11.02 |  |
| 1951 1952 | 0.028 0.028 0 | 11.05 11.08 | 1952 |
| 1953 | 0.028 | 11.11 |  |
| 1954 | 0.029 | 11.14 |  |
| 1955 | 0.029 | 11.16 |  |
| 1956 | ${ }^{0.030}$ | 11.19 |  |
| 1957 1958 | 0.031 0.032 | 11.22 11.26 |  |
| 1959 | 0.033 | 11.29 |  |
| 1960 | ${ }^{0.033}$ | ${ }_{11132}$ | 1960 |
| 1961 1962 | ${ }_{0}^{0.033}$ | 11.35 11.39 |  |
| 1963 | 0.032 | 11.42 |  |
| 1964 | 0.031 | 11.45 |  |
| 1965 | 0.031 | ${ }^{11.48}$ | 1965 |
| 1966 1967 | 0.032 | 11.51 |  |
| 1967 1968 | 0.033 0.036 | 11.55 <br> 11.58 <br> 1 |  |
| 1969 | 0.039 | 11.62 |  |
| 1970 | 0.042 | ${ }^{11.66}$ |  |
| 1971 | 0.045 | ${ }^{11770}$ |  |
| 1972 | ${ }^{0.046}$ | 11.75 1180 |  |
| 1973 1974 | 0.047 0.046 | 11.80 11.84 | 1973 |
| 1975 | 0.044 | 11.89 |  |
| 1976 | 0.040 | 11.93 |  |
| 1977 | ${ }^{0.036}$ | 11.97 |  |
| 1978 1979 | 0.030 | 12.00 |  |
| 1979 1980 | 0.024 0.018 | 12.03 12.05 1 |  |
| 1981 | ${ }_{0}^{0.018}$ | ${ }_{12.06}^{12.05}$ |  |
| 1982 | 0.005 | ${ }^{12.07}$ | 1982 |
| 1983 | -0.003 | ${ }_{12.07}$ |  |
| 1984 1985 | -0.009 | 12.07 12.06 |  |
| 1986 | -0.020 | 12.04 |  |
| 1987 | -0.023 | ${ }^{12.02}$ |  |
| 1988 1989 | ${ }^{-0.025}$ | 11.99 1197 | 1988 |
| 1989 1990 | -0.026 | 11.94 |  |
| 1991 | -0.026 | 11.92 |  |
| 1992 | -0.025 | 11.89 |  |
| 1993 | $-0.025$ | 11.86 <br> 1184 <br> 188 |  |
| 1994 | -0.025 | 11.84 |  |
| 1995 | -0.025 | 11.81 |  |
| 1996 | -0.025 | 11.79 | 1996 |

Contents
Average adult height of people, men and women combined, UK, born 1896-1996, (cm)
Source: Onginal data publishea by http://www..ndisc.org/data-downloads.height.html, NCD Risk Factor Collaboration; the source in tum forthem was.
Notes: Sinple averaging of men and women has been caried out here. The population are roughly $50: 50$ despite more men being bom.
Frequency: Yearty End of peiod

| Observation dato | Absolute change (cm) | Height (cm) | Label |
| :---: | :---: | :---: | :---: |
| 1896 | 0.14 | 160.13 |  |
| 1897 | 0.14 | 160.27 |  |
| 1898 | 0.14 | 160.41 |  |
| 1899 | 0.14 | 160.55 |  |
| 1900 | 0.14 | ${ }^{160.69}$ | 1900 |
| 1901 | 0.14 | 160.83 |  |
| 1902 | 0.14 | 160.97 |  |
| 1903 | 0.14 | 161.11 |  |
| 1904 | 0.14 | 161.25 |  |
| 1905 | 0.14 | 161.40 |  |
| 1906 | 0.14 | 161.54 |  |
| 1907 | 0.14 | 161.68 |  |
| 1908 | 0.14 | ${ }^{161.83}$ |  |
| 1909 | ${ }^{0.15}$ | 161.97 |  |
| 1910 | 0.15 | 162.12 | 1910 |
| 1911 | 0.16 | 162.28 |  |
| 1912 | 0.17 | 162.44 |  |
| 1913 1914 | 0.18 0.18 | 162.61 162.80 |  |
| 1915 | 0.19 | 162.98 |  |
| 1916 | 0.20 | 163.18 |  |
| 1917 | 0.20 | ${ }^{163.38}$ |  |
| 1918 | 0.20 | ${ }^{163.58}$ |  |
| 1919 | 0.20 | ${ }^{163.78}$ |  |
| 1920 1921 | ${ }^{0.20}$ | ${ }^{163.99}$ | 1920 |
| 1921 1922 | 0.20 0.20 | 164.19 164.39 |  |
| 1923 | 0.20 | 164.60 |  |
| 1924 | 0.20 | 164.80 |  |
| 1925 | 0.21 | 165.01 |  |
| 1926 | 0.21 | 165.22 |  |
| 1927 | 0.21 | 165.43 |  |
| 1928 | 0.21 | 165.64 |  |
| 1930 | 0.21 | 166.06 | 1930 |
| 1931 | 0.20 | 166.27 |  |
| 1932 | 0.19 | 166.46 |  |
| 1933 | 0.18 | 166.65 |  |
| 1934 1935 | 0.18 0.17 | 166.83 167.00 |  |
| 1936 | 0.17 | 167.18 |  |
| 1937 | 0.16 | 167.34 |  |
| 1938 | 0.16 | 167.50 |  |
| 1939 | ${ }^{0.15}$ | ${ }^{167.65}$ |  |
| 1940 1941 | 0.14 0.13 0.13 | 167.79 167.92 | 1940 |
| 1942 | 0.12 | 168.05 |  |
| 1943 | 0.11 | 168.16 |  |
| 1944 | 0.11 | 168.27 |  |
| 1945 1946 | 0.10 0.10 | 168.37 168.47 |  |
| 1947 | 0.09 | ${ }^{168.56}$ |  |
| 1948 | 0.09 | 168.65 |  |
| 1949 | 0.09 | 168.74 |  |
| 1950 1951 | 0.09 0.09 | 168.83 168.91 | 1950 |
| 1952 | 0.09 | 169.00 |  |
| 1953 | 0.09 | 169.09 |  |
| 1954 | 0.09 | 169.17 |  |
| 1955 | 0.08 | 169.26 |  |
| 1956 | 0.08 | 169.34 |  |
| 1957 | ${ }^{0.08}$ | 169.42 |  |
| ${ }^{1958}$ | 0.08 | 169.51 |  |
| 1959 1960 | 0.08 | 169.59 | 1960 |
| 1961 | ${ }_{0} 0.08$ | 169.76 |  |
| 1962 | 0.08 | 169.84 |  |
| 1963 | 0.08 | 169.93 |  |
| 1964 | 0.07 | 170.00 |  |
| 1965 1966 | ${ }^{0.07}$ | 170.07 170.13 |  |
| 1967 | ${ }_{0.06}$ | 170.19 |  |
| 1968 | 0.05 | 170.24 |  |
| 1969 | 0.05 | 170.29 |  |
| 1970 | 0.05 | 170.34 | 1970 |
| 1971 1972 | 0.05 | 170.39 170.44 |  |
| 1973 | ${ }^{0.04}$ | 170.48 |  |
| 1974 | 0.04 | 170.53 |  |
| 1975 1976 | 0.04 | 170.57 |  |
| 1977 | ${ }_{0} 0.03$ | 170.64 |  |
| 1978 | 0.02 | 170.67 |  |
| 1979 | 0.02 | 170.69 |  |
| 1980 | 0.02 | 170.71 | 1980 |
| 1981 1982 | ${ }^{0.02}$ | 170.73 170.75 |  |
| 1983 | ${ }_{0} 0.02$ | 170.77 |  |
| 1984 | 0.02 | 170.79 |  |
| 1985 | 0.02 | 170.81 |  |
| 1986 1987 | 0.02 0.01 | 170.83 170.84 |  |
| 1988 | 0.01 | 170.86 |  |
| 1989 | 0.01 | 170.87 |  |
| 1990 1991 | 0.01 0.01 | 170.88 170.89 | 1990 |
| 1992 | 0.01 | 170.90 |  |
| 1993 | 0.01 | 177.91 |  |
| 1994 | 0.01 | 170.92 |  |
| $\begin{array}{r}1995 \\ 1996 \\ \hline\end{array}$ | 0.01 | 170.93 17095 |  |
|  |  |  |  |

Contents
Average adult height of people, men and women combined, USA, borm 1896-1996, (cm)



| Observation date | Absolute change (cm) | Height (cm) | Label |
| :---: | :---: | :---: | :---: |
| 1896 | 0.08 | 164.80 |  |
| 1897 | 0.08 | 164.87 |  |
| 1898 | 0.08 | 164.95 |  |
| 1899 | 0.08 | 165.03 |  |
| 1900 | 0.08 | 165.11 | 1900 |
| 1901 | 0.08 | 165.19 |  |
| 1902 | 0.08 | 165.27 |  |
| 1903 | 0.08 | 165.35 |  |
| 1904 | 0.08 | 165.43 |  |
| 1905 | 0.08 | 165.51 |  |
| 1906 | 0.08 | 165.59 |  |
| 1907 | 0.08 | 165.67 |  |
| 1908 | ${ }^{0.08}$ | 165.76 |  |
| 1909 | 0.09 | 165.84 |  |
| 1910 | 0.09 | 165.93 | 1910 |
| 1911 | 0.10 | 166.02 |  |
| 1912 | 0.10 | 166.12 |  |
| 1913 1914 | 0.11 0.11 | 166.22 166.33 |  |
| 1915 | 0.12 | 166.45 |  |
| 1916 | 0.12 | 16.57 |  |
| 1917 | 0.12 | 166.69 |  |
| 1918 | 0.13 | 166.82 |  |
| 1919 | 0.13 | 166.94 |  |
| 1920 | 0.13 | 167.07 | 1920 |
| 1921 | 0.13 | 167.21 |  |
| 1922 | 0.13 | 167.34 |  |
| 1923 | 0.14 | 167.47 |  |
| 1924 | 0.14 | 167.61 |  |
| 1925 1926 | 0.14 0.14 | 167.75 167.89 |  |
| 1927 | 0.14 | 168.03 |  |
| 1928 | 0.15 | 168.18 |  |
| 1929 | 0.15 | 168.33 |  |
| 1930 | 0.14 | 168.47 | 1930 |
| 1931 | 0.14 | 168.61 |  |
| 1932 | ${ }^{0.13}$ | 168.75 |  |
| 1933 1934 | 0.13 0.12 | 168.87 169.00 |  |
| 1935 | 0.12 | 169.12 |  |
| 1936 | 0.12 | 169.24 |  |
| 1937 1938 | 0.11 0.11 | 169.35 169.46 |  |
| 1939 | 0.10 | 169.56 |  |
| 1940 | 0.09 | 169.66 | 1940 |
| 1941 <br> 1942 <br> 1 | 0.08 0.07 | 169.74 169.81 |  |
| 1943 | 0.06 | 169.88 |  |
| 1944 | 0.06 | 169.94 |  |
| 1945 1946 | 0.05 0.05 | $\begin{aligned} & 169.99 \\ & 170.04 \end{aligned}$ |  |
| 1947 | 0.04 | 170.09 |  |
| 1948 | 0.04 | 170.13 |  |
| 1949 | 0.04 | 170.17 |  |
| 1950 | 0.04 | 170.21 | 1950 |
| 1951 | 0.04 | 170.24 |  |
| 1952 1953 | 0.03 0.03 | 170.28 170.31 |  |
| 1954 | ${ }_{0} 0.03$ | 170.35 |  |
| 1955 | 0.03 | 170.38 |  |
| 1956 | 0.03 | 170.41 |  |
| 1957 | 0.03 | 170.44 |  |
| 1958 | 0.03 | 170.46 |  |
| 1959 | ${ }^{0.03}$ | 170.49 |  |
| 1960 1961 | 0.03 0.03 | 170.52 170.55 | 1960 |
| 1962 | -0.03 | 170.58 |  |
| 1963 | 0.03 | 170.61 |  |
| 1964 | 0.02 | ${ }^{1770.63}$ |  |
| 1965 1966 | 0.02 0.01 | 170.65 170.67 |  |
| 1967 | 0.01 | 170.68 |  |
| 1968 | 0.01 | 170.69 |  |
| 1969 | 0.01 | 170.70 |  |
| 1970 1971 | 0.01 0.01 | 170.71 170.71 | 1970 |
| 1972 | 0.01 | 170.72 |  |
| 1973 | 0.01 | 170.73 |  |
| 1974 | 0.00 | 170.74 |  |
| 1975 <br> 1976 <br> 1 | 0.00 | 170.74 | 1975 |
| 1976 1977 | ${ }^{0.000}$ | 170.74 170.73 |  |
| 1978 | -0.01 | 170.72 |  |
| 1979 | -0.02 | 170.70 |  |
| 1980 | -0.02 | 170.69 | 1980 |
| 1981 | -0.02 | ${ }^{170.67}$ |  |
| 1982 1983 | -0.02 | 170.65 170.63 |  |
| 1984 | ${ }_{-0.02}$ | 170.61 |  |
| 1985 | -0.02 | 17.59 |  |
| 1986 | -0.02 | 170.57 |  |
| 1987 1988 | -0.02 | 170.55 |  |
| 1989 | -0.02 | 170.50 |  |
| 1990 | -0.02 | 170.48 | 1990 |
| 1991 | -0.02 | 170.45 |  |
| 1992 | -0.02 | 170.43 |  |
| 1993 | -0.02 | 170.40 170.38 |  |
| 1994 <br> 1995 | - $\begin{array}{r}-0.02 \\ -0.02\end{array}$ | 170.38 170.36 |  |
| 1996 | -0.02 | 170.33 |  |

Contents
Average adult height of people, men and women combined, Netherlands, born 1896-1996, (cm)

Notes: Simple averaging of men and women has been caried out here. The population are roughty $50: 50$ despite more men being bom.
Erequency. Yearty End of period

| Observation date | Absolute change (cm) | Height (cm) | Label |
| :---: | :---: | :---: | :---: |
| 1896 | 0.21 | 162.13 |  |
| 1897 | 0.21 | 162.34 |  |
| 1898 | 0.21 | 162.55 |  |
| 1899 | 0.21 | 162.77 |  |
| 1900 | 0.21 | 162.98 | 1900 |
| 1901 | 0.21 | 163.19 |  |
| 1902 | 0.21 | 163.41 |  |
| 1903 | 0.21 | 163.62 |  |
| 1904 | 0.21 | 163.84 |  |
| 1905 | 0.21 | 164.05 |  |
| 1906 | 0.21 | 164.26 |  |
| 1907 | 0.21 | 164.48 |  |
| 1908 | 0.22 | 164.69 |  |
| 1909 | 0.22 | 164.91 |  |
| 1910 | 0.22 | 165.13 | 1910 |
| 1911 | 0.23 | 165.35 |  |
| 1912 | ${ }^{0.23}$ | 165.58 |  |
| 1913 1914 | 0.24 0.24 | 165.81 166.05 |  |
| 1915 | 0.24 | 166.29 |  |
| 1916 | 0.24 | ${ }^{166.53}$ |  |
| 1917 | 0.24 | 166.77 |  |
| 1918 | 0.24 | 167.01 |  |
| 1919 | 0.23 | 167.25 |  |
| 1920 | 0.22 | 167.47 | 1920 |
| 1921 | 0.22 | 167.69 |  |
| 1922 | 0.21 | 167.91 |  |
| 1923 | 0.20 | 168.12 |  |
| 1924 | 0.20 | 168.32 |  |
| 1925 1926 | 0.20 0.20 | 168.52 168.71 |  |
| 1927 | 0.19 | 168.91 |  |
| 1928 | 0.19 | 169.10 |  |
| 1929 | 0.19 | 169.30 |  |
| 1930 | 0.19 | 169.49 | 1930 |
| 1931 | 0.19 | 169.68 |  |
| 1932 | 0.19 | ${ }^{169.88}$ |  |
| 1933 1934 | 0.19 0.19 | 170.07 170.26 |  |
| 1935 | 0.19 | 170.46 |  |
| 1936 | 0.19 | 170.65 |  |
| 1937 <br> 1938 <br> 1 | 0.18 0.18 | 170.84 171.02 |  |
| 1939 | 0.17 | 171.19 |  |
| 1940 | 0.16 | 171.35 | 1940 |
| 1941 | ${ }^{0.15}$ | ${ }^{171.51}$ |  |
| 1942 1943 | 0.15 0.14 | 171.66 171.81 |  |
| 1944 | 0.14 | 171.95 |  |
| 1945 | 0.14 | 172.09 |  |
| 1946 | 0.15 | 177.24 |  |
| 1947 <br> 1948 <br> 1 | 0.15 | 172.39 |  |
| 1948 1949 | 0.15 0.16 | 172.54 172.70 |  |
| 1950 | 0.16 | 172.86 | 1950 |
| 1951 | 0.16 | 173.02 |  |
| 1952 | 0.16 | 177.18 |  |
| 1953 <br> 1954 <br> 195 | ${ }^{0.16}$ | ${ }^{173.34}$ |  |
| 1954 1955 | 0.16 0.16 | 173.51 173.67 |  |
| 1956 | 0.16 | 173.83 |  |
| 1957 | 0.16 | 174.00 |  |
| 1958 | 0.16 | 174.16 |  |
| 1959 | 0.16 | 174.32 |  |
| 1960 | 0.15 | 174.47 | 1960 |
| 1961 | 0.15 | 174.62 |  |
| 1962 1963 | 0.14 0.13 | 174.77 174.90 |  |
| 1964 | 0.11 | 175.02 |  |
| 1965 | 0.10 | 175.13 |  |
| 1966 | 0.09 | ${ }^{175.23}$ |  |
| 1967 1968 | 0.08 | 175.31 |  |
| 1969 | 0.06 | 175.45 |  |
| 1970 | 0.06 | 175.51 | 1970 |
| 1971 | 0.05 | 175.57 |  |
| 1972 | 0.04 | 175.61 |  |
| ${ }^{1973}$ | 0.04 | ${ }^{175.66}$ |  |
| 1974 1975 | 0.03 0.02 | 175.69 175.71 |  |
| 1976 | 0.02 | 175.73 |  |
| 1977 | 0.01 | 175.74 |  |
| 1978 1979 | 0.00 0.00 | 175.75 175.75 | 1979 |
| 1980 | -0.01 | 175.74 |  |
| 1981 | -0.01 | 175.74 |  |
| 1982 | -0.01 | ${ }^{175.73}$ |  |
| 1983 1984 | 0.00 | 175.72 |  |
| 1984 1985 | ${ }^{0.000}$ | ${ }_{1}^{175.72}$ |  |
| 1986 | -0.01 | 175.71 |  |
| 1987 | -0.01 | 175.70 |  |
| 1988 | -0.01 | 175.69 |  |
| 1989 | -0.01 | 175.69 |  |
| 1990 1991 | -0.01 | 175.68 175.67 |  |
| 1992 | -0.01 | 175.66 |  |
| 1993 | -0.01 | 175.65 |  |
| 1994 | ${ }^{-0.01}$ | 175.64 175.63 |  |
| 1995 | $-0.01$ | 175.63 |  |
| 1996 | -0.01 | 175.63 |  |

Contents
Average adult height of people, men and women combined, China, bom 1896-1996, (cm)

Notes: Simple averaging of men and women has been caritid out here. The population are roughly $50: 50$ despite more men being borm.
Frewency

| Observation date | Absolute change (cm) | Height (cm) | Label |
| :---: | :---: | :---: | :---: |
| 1896 | 0.13 | 155.56 | 1896 |
| 1897 | 0.13 | 155.70 |  |
| 1898 | 0.13 | 155.83 |  |
| 1899 | 0.13 | 155.96 |  |
| 1900 | 0.13 | ${ }^{156.09}$ |  |
| 1901 | 0.13 | 156.23 |  |
| 1902 | 0.13 | 156.36 |  |
| 1903 | 0.13 | 156.49 |  |
| 1904 | ${ }^{0.13}$ | ${ }^{156.62}$ |  |
| 1905 | 0.13 | 156.74 |  |
| 1906 | 0.12 | ${ }^{156.87}$ |  |
| 1907 | 0.12 | 156.99 |  |
| 1908 | 0.12 | 157.11 |  |
| 1909 | 0.12 | 157.23 |  |
| 1910 | 0.12 | 157.35 | 1910 |
| 1911 | 0.12 | 157.47 |  |
| 1912 | 0.12 | 157.58 |  |
| 1913 1914 | 0.12 0.12 | 157.70 157.82 |  |
| 1915 | 0.12 | 157.94 |  |
| 1916 | 0.12 | 158.06 |  |
| 1917 | 0.12 | 158.18 |  |
| 1918 | 0.12 | 158.30 |  |
| 1919 | 0.12 | ${ }^{158.42}$ |  |
| 1920 | ${ }^{0.12}$ | ${ }^{158.55}$ |  |
| 1921 1922 | 0.12 0.12 | 158.67 158.79 |  |
| 1923 | 0.12 | 158.91 | 1923 |
| 1924 | 0.13 | 159.04 |  |
| 1925 | 0.13 | 159.17 |  |
| 1926 | 0.13 | 159.30 |  |
| 1927 | 0.14 | 159.43 |  |
| 1928 | 0.14 | 159.57 | 1928 |
| 1929 1930 | 0.14 0.13 | 1599.71 159.84 |  |
| 1931 | 0.13 | 159.97 |  |
| 1932 | 0.13 | 160.10 |  |
| 1933 | 0.12 | 160.23 160.35 |  |
| 1934 1935 | 0.12 0.12 | 160.35 160.47 |  |
| 1936 | 0.12 | 160.59 |  |
| 1937 | 0.11 | 160.70 |  |
| 1938 1939 | 0.11 0.10 | 160.82 160.92 |  |
| 1940 | 0.10 | 161.03 |  |
| 1941 | 0.10 | 161.13 | 1941 |
| 1942 | 0.10 | 161.22 |  |
| ${ }_{1943}^{1943}$ | 0.10 | 161.32 |  |
| 1944 1945 | 0.10 0.11 | 161.43 161.53 |  |
| 1946 | 0.11 | 161.64 |  |
| 1947 | 0.11 | 161.75 |  |
| 1948 | 0.11 | ${ }^{161.86}$ |  |
| 1949 | 0.11 | 161.97 | 1949 |
| 1950 1951 | ${ }^{0.111} 0$ | 162.08 162.19 |  |
| 1952 | 0.10 | 162.29 |  |
| 1953 | 0.10 | 162.39 |  |
| 1954 | 0.09 | 162.48 |  |
| 1955 | 0.08 | 162.57 |  |
| 1956 1957 | 0.08 0.07 | ${ }_{162.73}^{162.65}$ |  |
| 1958 | 0.07 | ${ }^{162.80}$ |  |
| 1959 | 0.06 | 162.87 |  |
| 1960 | 0.06 | 162.93 |  |
| 1961 1962 | 0.06 0.05 | 162.99 163.04 |  |
| 1963 | 0.05 | 163.09 |  |
| 1964 | 0.04 | ${ }^{163.13}$ |  |
| 1965 1966 | 0.04 0.03 | 163.17 163.20 | 1966 |
| 1967 | 0.04 | 163.24 |  |
| 1968 | 0.04 | 163.27 |  |
| 1969 1970 | 0.04 0.05 | 163.32 163.36 |  |
| 1971 | 0.06 | 163.41 |  |
| 1972 | 0.06 | 163.47 |  |
| 1973 1974 | 0.07 0.08 | 163.54 163.61 |  |
| 1975 | 0.09 | 163.70 |  |
| 1976 | 0.09 | ${ }^{163.79}$ |  |
| 1977 1978 | 0.10 0.10 | 163.88 163.98 |  |
| 1979 | 0.10 | 164.08 |  |
| 1980 | 0.10 | 164.18 |  |
| 1981 | 0.11 | ${ }^{164.29}$ |  |
| 1982 1983 | 0.11 0.11 | 164.39 164.50 | 1982 |
| 1984 | 0.11 | 164.61 |  |
| 1985 | 0.10 | 164.71 |  |
| 1986 | 0.10 | 164.81 |  |
| 1987 1988 | 0.10 | 164.91 |  |
| 1989 | 0.10 | 165.11 |  |
| 1990 | 0.09 | 165.20 | 1990 |
| 1991 | 0.09 | 165.30 |  |
| 1992 | 0.09 | 165.39 |  |
| 1993 | 0.09 | 165.48 |  |
| 1994 <br> 1995 | 0.09 0.09 | ${ }_{165.67}^{165.58}$ |  |
| 1996 | 0.09 | 165.77 | 1996 |

Contents
Average adult height of people, men and women combined, Cuba, born 1896-1996, (cm)



| Observation date | Absolute change (cm) | Height(cm) | Label |
| :---: | :---: | :---: | :---: |
| 1896 | 0.186 | 154.56 | 1896 |
| 1897 | 0.186 | 154.75 |  |
| 1898 | 0.187 | 154.94 |  |
| 1899 | 0.186 | 155.12 |  |
| 1900 | 0.186 | 155.31 |  |
| 1901 | 0.186 | 155.49 |  |
| 1902 | 0.185 | 155.68 |  |
| 1903 | 0.185 | 155.86 |  |
| 1904 | 0.185 | ${ }^{156.05}$ |  |
| 1905 | 0.184 | 156.23 |  |
| 1906 | 0.184 | 156.42 |  |
| 1907 | 0.184 | ${ }^{156.60}$ |  |
| 1908 | 0.184 | ${ }^{156.78}$ |  |
| 1909 | 0.184 | 156.97 |  |
| 1910 | 0.185 | 157.15 | 1910 |
| 1911 | 0.186 | 157.34 |  |
| 1912 | 0.188 | 157.52 |  |
| 1913 1914 | 0.190 0.192 | 157.71 157.90 |  |
| 1915 | 0.193 | 158.10 |  |
| 1916 | 0.195 | 158.29 |  |
| 1917 | 0.197 | 158.49 |  |
| 1918 | 0.198 | 158.68 | 1918 |
| 1919 | 0.198 | 158.88 |  |
| 1920 | 0.197 | 159.08 |  |
| 1921 | ${ }^{0.195}$ | 159.28 |  |
| 1922 | 0.193 | 159.47 |  |
| 1923 | 0.190 | ${ }^{159.665}$ |  |
| 1924 | 0.187 | 159.85 |  |
| 1927 | 0.181 | 160.40 |  |
| 1928 | 0.179 | 160.58 | 1928 |
| 1929 | 0.177 | 160.76 |  |
| 1930 1931 | 0.173 | 160.94 |  |
| 1932 | 0.163 | 161.27 |  |
| 1933 | 0.159 | 161.43 |  |
| 1934 | 0.156 | 161.59 |  |
| 1935 | ${ }^{0.153}$ | 161.74 |  |
| ${ }^{1936}$ | 0.150 0.146 | 161.90 162.04 |  |
| ${ }_{1938}$ | ${ }_{0}^{0.142}$ | ${ }_{162.19}$ |  |
| 1939 | 0.138 | 162.33 |  |
| 1940 | 0.134 | 162.46 |  |
| 1941 | 0.131 | ${ }^{162.60}$ | 1941 |
| 1942 1943 | 0.129 0.128 | 162.72 162.85 |  |
| 1944 | 0.127 | 162.98 |  |
| 1945 | 0.126 | 163.11 |  |
| 1946 | 0.125 | 163.23 |  |
| ${ }_{1}^{1947}$ | 0.124 | 163.36 16348 |  |
| 1948 1949 | 0.122 0.119 | 163.48 163.60 |  |
| 1950 | 0.116 | 163.72 |  |
| 1951 | 0.111 | 163.83 |  |
| 1952 | 0.107 | 163.94 |  |
| 1953 | 0.102 | 164.05 | 1953 |
| 1954 | 0.098 | 164.15 |  |
| ${ }^{1955}$ | 0.094 | 164.24 |  |
| 1956 1957 | 0.092 0.090 | 164.33 164.43 |  |
| 1958 | 0.089 | 164.51 |  |
| 1959 | 0.087 | 164.60 | 1959 |
| 1960 | 0.085 | 164.69 |  |
| 1961 1962 | ${ }_{0}^{0.081}$ | 164.77 164.85 |  |
| 1963 | 0.070 | 164.92 |  |
| 1964 | 0.062 | 164.99 |  |
| 1965 | 0.054 | 165.05 |  |
| 1966 1967 | 0.046 0.039 | 165.10 165.14 | 1966 |
| 1968 | 0.034 | 165.18 |  |
| 1969 | 0.030 | 165.21 |  |
| 1970 | 0.026 | 165.24 |  |
| 1971 1972 | 0.023 | 165.26 |  |
| 1972 1973 | ${ }_{0}^{0.0020} 0$ | 165.28 165.30 |  |
| 1974 | 0.012 | 165.31 |  |
| 1975 | 0.007 | 165.32 |  |
| 1976 | 0.000 | 165.33 | 1976 |
| 1977 1978 | -0.006 | ${ }_{165.31}^{165.32}$ |  |
| 1979 | -0.016 | 165.30 |  |
| 1980 | -0.018 | 165.28 |  |
| 1981 1982 | -0.019 | 1656.26 165.25 |  |
| 1983 | -0.020 | 165.23 |  |
| 1984 | -0.020 | 165.21 |  |
| 1985 1986 | - $\begin{array}{r}-0.020 \\ -0.020\end{array}$ | 1656.19 165.17 |  |
| 1987 | $-0.020$ | 165.15 |  |
| 1988 | $-0.020$ | 165.13 |  |
| 1989 1990 | -0.019 -0.018 | 165.11 165.09 |  |
| 1991 | -0.017 | 165.07 | 1991 |
| 1992 | $-0.016$ | 165.05 |  |
| 1993 1994 | - ${ }_{-0.016}^{-0.016}$ | 165.04 165.02 |  |
| 1995 | -0.016 | 165.01 |  |
| 1996 | 0.016 | 164.99 | 1996 |

